



Post-Care Instructions

Hydrafacial

- Do not wash your face, shower or work out to produce sweat for at least 6 hours post peel. Water will reactivate the peel and drive it further into the skin .
- No chemical peels, microdermabrasion or dermaplaning for 2 Weeks.
- May experience redness for 2-4 hours post treatment, but it will subside.
- May have flaking on the 2nd to 3rd day after treatment, and may last for 1-2 days. This is just additional dead skin cells that were released by the chemical peel. Do not pick at the peeling, except to remove the loose flakes.
- If unusual irritation persists more than 2 days, call our office for treatment.
- Cease use of Vitamin C, AHA.s, Glycolics and other chemical exfoliants for 2 days post treatment.
- Use sunscreen following treatment is mandatory! Please use a sunscreen for at least 5-7 days following your treatment as your skin is now more exposed and more susceptible for damage immediately following the treatment. Please refrain from prolonged direct sun exposure or tanning beds for 2 weeks.
- It's best to not put make up on immediately following the treatment, but it is fine to wear the next day. Using mineral make-up is preferred.
- To achieve maximum results, ongoing treatments and a daily home skin program is recommended.