

Skin Typing

NAME: _____

DATE: _____

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to: (check one)	I. Very fair (Celtic and Scandinavian)	0	<input type="checkbox"/>
	II. Fair-skinned Caucasians with light hair and light eyes	1	<input type="checkbox"/>
	III. Pale-skinned Caucasians with dark hair and dark eyes	2	<input type="checkbox"/>
	IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	3	<input type="checkbox"/>
	V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	4	<input type="checkbox"/>
	VI. Very dark-skinned (African)	5	<input type="checkbox"/>
My eye color is:	Light blue	0	<input type="checkbox"/>
	Blue/green	1	<input type="checkbox"/>
	Green/gray/golden	2	<input type="checkbox"/>
	Hazel/light brown	3	<input type="checkbox"/>
	Brown	4	<input type="checkbox"/>
My natural hair color at age 18 was:	Red	0	<input type="checkbox"/>
	Blonde	1	<input type="checkbox"/>
	Light brown	2	<input type="checkbox"/>
	Dark brown	3	<input type="checkbox"/>
	Black	4	<input type="checkbox"/>
The color of my skin that is not normally exposed to sun is:	Pink to reddish	0	<input type="checkbox"/>
	Very pale	1	<input type="checkbox"/>
	Pale with a beige tint	2	<input type="checkbox"/>
	Light brown	3	<input type="checkbox"/>
	Medium to dark brown	4	<input type="checkbox"/>
	Dark brown-black	6	<input type="checkbox"/>
If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	Burn, blister and peel	0	<input type="checkbox"/>
	Burn, then when the burn resolves there is little or no color change	1	<input type="checkbox"/>
	Burn, but then turns to tan in a few days	2	<input type="checkbox"/>
	Get pink, but then turns to tan quickly	3	<input type="checkbox"/>
	Just tan	4	<input type="checkbox"/>
	Just gets darker	5	<input type="checkbox"/>
	My skin color is so dark I can't tell	6	<input type="checkbox"/>
When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?	Longer than one month ago	0	<input type="checkbox"/>
	Within the past month	1	<input type="checkbox"/>
	Within the past two weeks	3	<input type="checkbox"/>
	Within the past week	4	<input type="checkbox"/>
TOTAL SCORE			

If your score is:	Your skin type is:
0 – 3	I
4 – 7	II
8 – 11	III
12 – 15	IV
16 – 19	V
24	VI

Notes: