



Weight Management Consultation Questionnaire

Name: _____ DOB: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Daytime Phone Number: _____ Email: _____

How did you hear about us? _____

Which weight loss program are you more interested in? (hCG, Phentermine, Medical Grade Supplements, I-Lipo Xcell) _____

To the best of your knowledge are you in good health presently? Yes _____ No _____ (if no please explain _____)

When did your weight gain begin? Month: _____ Year: _____

What is your ideal weight goal? _____ What is your current weight? _____

What weight loss treatments, products or programs have you tried before? And were you successful with any of them?

Have you had any bariatric surgeries performed? (gastric bypass, lap band) No _____ Yes _____ if yes what year and what surgery was performed? _____

Do you currently exercise? No _____ Yes _____ (if yes please describe your activity AND how often you perform this) _____

Current Occupation: _____ Full Time _____ Part Time _____

Please list all medications being taken including over the counter and any vitamins:

Any allergies to medications? Yes _____ No _____ if yes please list: _____

Any history of high blood pressure? No _____ Yes _____

Are you pregnant or breastfeeding? No _____ Yes _____

Any history of kidney or liver function problems? No _____ Yes _____ (if yes please explain) _____

Any history of drug or alcohol abuse? No _____ Yes _____ (if yes please explain) _____

Any history of eating disorders? No _____ Yes _____ (if yes please explain) _____

Any history of migraines or frequent headaches? No _____ Yes _____ (if yes please explain) _____

Is your spouse/partner overweight? No _____ Yes _____ Is your spouse/partner supportive of your decision to seek out weight management aid? Yes _____ No _____ (if no please explain why) _____

I have filled out this questionnaire truthfully and to the best of my knowledge.

Signature: _____ Date: _____